

BIBLE STUDY: REGENERATION

The word *regeneration* means “new birth.” Thus, to be regenerated is to be born again, to experience a new birth. But what is this new birth? Is it merely a religious conversion? Is it to have a change in life through self-improvement, or to experience a new beginning by “turning over a new leaf”? The New Testament has much to say about the new birth. It shows us clearly what it means to be regenerated, how we can be regenerated, and the result of being regenerated.

The Meaning of Regeneration:

1. To be born again is not self-improvement; it is to be born of God with a new life, the life of God:

[John 1:12-13](#) and note [13²](#); [John 3:1-6](#) and notes [2¹](#), [3¹](#), and [6²](#).

2. To be born again is to be born of both water and the Spirit of God:

[John 3:5](#) and note [5²](#).

3. Regeneration is the greatest wonder, the greatest miracle, in the universe:

[1 John 2:29](#) and note [29²](#).

How We Can Be Regenerated:

1. We are regenerated by the living and abiding word of God as the incorruptible seed of life:

[1 Peter 1:23](#) and note [23²](#).

2. We are regenerated also through the resurrection of Jesus Christ:

[1 Peter 1:3](#) and note [3²](#).

3. To be regenerated, born again, we must receive Christ by believing into His name:

[John 1:12](#) and note [12¹](#); [John 3:16](#) and note [16²](#); [1 John 5:1](#) and note [1¹](#).

The Result of Regeneration:

1. In the new birth our human spirit is born of the divine Spirit, and the two spirits become one mingled spirit:

[John 3:6](#) and note [6²](#); [Romans 8:16](#) and note [16²](#); [1 Corinthians 6:17](#) and notes [17¹](#) and [17²](#).

2. Through the new birth we become children of God:

[John 1:12](#) and note [12²](#); [1 John 3:1](#) and notes [1³](#) and [1⁴](#).

3. By being born again we become a new creation:

[2 Corinthians 5:17](#) and note [17²](#).

4. Through regeneration we also enter into the kingdom of God:

[John 3:3, 5](#) and notes [3²](#) and [3³](#).

5. Regeneration causes us to live a life of divine righteousness and divine love, and enables us to overcome the world, sin, and Satan (the Devil):

[1 John 2:29](#) and note [29⁶](#); [1 John 3:9](#) and notes [9²](#) through [9⁴](#); [1 John 4:7](#) and notes [7³](#) and [7⁴](#); [1 John 5:4](#) and notes [4³](#) through [4⁵](#); [1 John 5:18-19](#) and notes [18¹](#), [18²](#), and [19¹](#).

6. Regeneration brings to us a living hope (the hope of life) and a glorious inheritance:

[1 Peter 1:3-4](#) and notes [3⁶](#) and [4¹](#) through [4³](#).

This Bible study uses verses and footnotes from the New Testament Recovery Version. You can order a free copy of the New Testament Recovery Version to use with this Bible study from www.biblesforamerica.org.